

ZOOZ FITNESS WELCOMES

ROCK STEADY BOXING SAN FERNANDO

Our goal is to help individuals fight back against Parkinson's disease through fun non-contact boxing exercise.



Boxing Class Schedule

Monday @ 9:45am - 10:45am

Wednesday @ 12pm - 1pm

Thursday @ 9:30am - 10:30am

Friday @ 10am - 11am

Stretch @ 11am - 11:45am

Class Pass Rate: \$220.00

Unlimited Monthly Class Pass

Classes Held at

ZOOZ Fitness

20951 Burbank Blvd. Suite B
Woodland Hills, CA 91367

Contact Dean Moskowitz at (747) 234-1115

